



NEWSLETTER

MARCH 2009

www.essesxtdk.co.uk

Chief Instructor. Mr. Gordon Slater 5th Dan

Treasurer: Mrs. Lynn Slater 3rd Dan

Tel: 01268 473424 Mobile: 07754 759666

Missing, Please return.

I have lent students 3 items:

-My IGB Maxwell memory stick (purple in colour)

-White belt syllabus VHS video tape

-Blue belt syllabus VHS video tape

Whoever has them please can you return these items to me.

I need to copy the entire coloured belt syllabus to DVD, and then make copies for whoever requires it.

My memory stick I need for future use.

Grading Qualification Reminder:

The minimum 3 months or 6 months between gradings depending on grade and pass mark is for a minimum of 2 sessions per week. If you train only once a week the time is doubled. Attendance is a key factor for grading qualification.

This is one reason why I take a register every lesson so that I have a record of attendance for grading purposes.

Qualification to grade is always at the discretion of Mr. Slater

March Coloured Belt Grading:

To be held at: The Eversley Leisure Centre, Crest Ave. Pitsea, SS13 2EF

Saturday 7th March 2009 – Mr. Cockburn 2.00pm to 6.00pm

Please do not be late, you need to get there at least 15 minutes before hand to warm up.

Black Belt Gradings:

Don't forget if you wish to take future Dan grades you MUST attend at least one pre-grading every 6 months. Otherwise 6 months is added to your minimum time, plus attendance is a key factor.

If you are actually taking a Dan grading you MUST attend all 3 pre-grading immediately prior to the black belt grading.

For dates please see February 2009 newsletter.

Qualification to grade is always at the discretion of Mr. Slater

Next Baldwin Basher

Sessions

8th March 2009

Doors open 9.30am

Session is 10.00am to 12 noon

Venue: The Anglo European School, Willow Green, Ingatestone CM4 0DJ

£10 per session payable in Advance (£15 on the day)

1st Competition of 2009

Good luck to:

Gareth Richardson Ed Barrow
Ben Slater Rebecca Slater

Who are entering the L.T.S.I. SE open of the 15th March

4 students for the nearest competition from Essex TKD is some what disappointing.

Licence Renewals:

Richard Atkinson 31/01/2009

Robin Pratt 31/01/2009

Joe Russell 31/01/2009

Jessica Warden 28/02/2009

Rory Lam 28/02/2009

Jessica Osbourne 28/02/2009

Alison Weatherall 28/02/2009

David Palmer 31/03/2009

Bernard Poon 31/03/2009

**Kind Regards,
Gordon & Lynn Slater**