

ESSEX TAEKWONDO ACADEMY NEWS

May 2007



Chief Instructor.
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May Bank Holiday Mondays

The Basildon Sports Centre is closed on:

Monday, 7th May 2007

Monday, 28th May 2007

Therefore there will be NO training on these days.

Taekwondo Explosion

This is the next open competition that we have been invited to.

Sunday, 10th June 2007

Location: Harrow, Middlesex.

Entry forms MUST be in by Saturday 19th May 2007

Next Grading for 2007

Saturday, 23rd June 2007

At the Eversley Centre, Pitsea

2.00 pm to 6.00 pm

Examier: Mr. Bhadeshia
5thDan

GTI Calender 2007

20th May, Derby
Black Belt Grading

23rd September 2007
Midlands Open
Cheltenham

14th October, Derby
Black Belt Grading

18th November, Venue TBC
GTI British Championships

Competitors Summer BBQ

To celebrate and say thank you to all the academy members who have competed in competitions and helped build Essex Taekwondo Academies reputation as some of the best all round Taekwondo competitors in the country, I would like to invite you and some of your family to a Summer BBQ.

Sunday, 29th July 2007
2.00 pm start

At my house.

33 Bearsted Drive, Pitsea,
Essex SS13 2NJ

Bangers & Burgers ONLY
and a bit of salad & pasta.
If you would like anything else
cooked, please bring it yourself.

Coke, lemonade and squash
provided. Alcohol you need to
bring with you.

There is a big field behind my
house, therefore games will be
introduced throughout the
afternoon.

- Rounders, Frisbee
- Water pistols?
- Football?
- PS 2 FIFA/Tekken winner
stays on.

Any other ideas? And we will
try to prepare for it.

Last Black Belt Pre-grading:

Sunday 6th May 2007
(red belt & above only.)

The cost is: £10 per session.

Venue: The Eversley Centre
Crest Avenue
Pitsea. SS13

1.30 pm to 3.30 pm

Fight Club

The training dates for the
Fight club are Sunday:

3rd June 2007, 24th June 2007
8th July 2007, 22nd July 2007

1.30 pm to 3.30 pm at the
Eversley Centre, practice room.

To enrol or stay a member of
the 'Fight Club' you MUST
train at least twice a week.

Christmas Party

Don't forget to book your
diaries for our now famous
X'mas party due to be held on:

Saturday, 15th December 2007

7.00 pm to 11.00 pm

At The Eversley Centre

LIMITED tickets.
Buy soon to avoid
disappointment.

Happy training.

Gordon & Lynn Slater