



NEWSLETTER

MAY 2009

www.essesxtd.co.uk

Chief Instructor. Mr. Gordon Slater 5th Dan

Treasurer: Mrs. Lynn Slater 3rd Dan

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Midlands Open Competition **Master Harrison's Open**

Sunday, 17th May 2009, Cheltenham

Following our success at the English, let's be a force to be reckoned with once again. A long way, but a great day out.
Closing date: Wednesday 13th May 2009

MWTA Competition Results:

Ed Barrow: Gold for sparring, Silver for patterns

Ray Chan: Gold for patterns

Bernard Poon: Silver for sparring

Gina Baldwin: Silver for sparring, Bronze for patterns.

2 Charity Events—They need you!

Sunday 31st May 2009: Fund raising event to support Jess Warden & Row Hope who go to Australia in July for the GKR World championships & Cancer Research UK.

12 to 2pm £6 per head Dovesdale Sports Centre, Chelmsford.

1st Hour: Traditional training & mini practical self defence seminar

2nd Hour: Non stop sparring, patterns & breaking

Sunday 7th June 2009: GTI charity event

100 minutes of sparring

100 minutes of patterns

Or a combination of both

Fancy dress optional

Times and Venue to be confirmed.

Next Coloured **Belt Grading**

Saturday, 6th June 2009

Grading examiner:

Mr. Bhadeshia

Eversley Leisure Centre

2.00pm to 6.00pm

Close date:

All grading fees and admin. In by: **Monday 1st June 2009**

Harry Dixon

Good luck to Harry Dixon who after 6 years of hard training is grading for his black belt on the 10th May.

Licence Renewals:

Alison Weatherall 28/02/2009

Reiss Bowdidge 31/03/2009

Louis Rochford-Darbourn
31/05/2009

Michael Pearce 31/05/2009

Kind Regards,
Gordon & Lynn Slater