



NEWSLETTER

APRIL 2009

www.essesxtdk.co.uk

Chief Instructor. Mr. Gordon Slater 5th Dan

Treasurer: Mrs. Lynn Slater 3rd Dan

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Head Guards

At the recent LTSI competition a student received a reverse turning kick to the head and was taken to hospital. The boy is fine after spending the night in hospital. Luckily he was wearing a head guard.

Also the recent death of the film & stage star Natasha Richardson who died from a blunt blow to the head, has made me re-think our sparring policy.

With immediate effect all students MUST wear a head guard when sparring during any session.

If you do not have a head guard, you have one months grace to purchase one, otherwise you will NOT be allowed to spar. Deadline mid April 2009.

Missing- Please Return

I have lent students 2 items:

- My IGB Maxwell memory stick
- Blue belt syllabus VHS video tape

Whoever has them please can you return these items to me.

I need to copy the entire coloured belt syllabus to DVD, and then make copies for whoever requires it.

Black Belt Pre- Gradings:

Saturday, 4th April 2009 2.00pm to 3.30pm

Sunday, 19th April 2009 **1.00pm to 2.30pm**

(time has been changed to accommodate Mr. Baldwin's session which ends at 12 noon.)

ALL black belts MUST attend at least one session.

Next Baldwin Basher

Sessions

Sunday, 19th April 2009

Session is 10.00am to 12 noon

Venue: The Anglo European School, Willow Green, Ingatestone CM4 0DJ

Essex Taekwondo students MUST pay Mr. Slater in advance to ensure numbers or they CANNOT attend.

£10 per session payable in Advance

£15 on the day for non Essex Taekwondo students

Midlands Open Competition

Sunday, 17th May 2009

Cheltenham

Following our success at the English, please put this date in your diary.

Let's be a force to be reckoned with once again

Licence Renewals:

Richard Atkinson 31/01/2009

Robin Pratt 31/01/2009

Joe Russell 31/01/2009

Jessica Osbourne 28/02/2009

Alison Weatherall 28/02/2009

Reiss Bowdidge 31/03/2009

***Kind Regards,
Gordon & Lynn Slater***