



NEWSLETTER

www.essesxtd.co.uk

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NOVEMBER 2009

British Champions

Sunday, 1st November 2009 Essex Taekwondo Academy has three British Champions:

Kirsty McCaffery	Gold in Ladies Patterns
Lewis Coldham	Gold in sparring & high kick
Rob Smith	Gold in sparring

Special mention to Reiss Bowdidge as it was his first competition and he came away with 2 sparring silver medals. Well done Reiss.

Licence Renewals:

James Stack 30/09/2009
Thomas Rozee 31/10/2009
James Oilver 31/10/2009
Emma Thorndike 31/10/2009
Robby West 31/10/2010 check
Mark Gadd 30/11/2009
Zak Sutcliffe 30/11/2009
Gary Lam 31/12/2009

Proposed new times:

Please can all students return the feedback forms to me asap so that I can see if it will be beneficial to change any times to help drive the academy forward.. Many thanks.

Sunday 13th December- Coloured Belt Grading

Examiner: Master Sewell

9.00 or 10.00am (depending on numbers) to **1.00pm**

Grading fees in by Monday 7th December 2009

Master Tony Sewell Seminar

Sunday 13th December 2009

Eversley Leisure Centre

Crest Ave. Pitsea, SS13 2EF

2.00pm to 4.00pm

Funded by the GTI for GTI members. Non GTI £15 If we do not have enough non GTI member to cover the hall fee, then a small charge may be applied to all GTI students who attend.

Tony Sewell 3 times world Champion. Considered by many to be the best heavy weight fighter of all time.

Save Our Environment

I am a believer that Christmas has become too commercial.

Please save trees, time, money and our environment by NOT sending me a Christmas card as I do not enter into card exchanging at Christmas .

Thursday Hall Space:

As some of you already know, the hall space we have on Thursdays is not really suitable as the noise from other users (not their fault) is too much and the floor too hard.

Therefore please keep your ears and eyes open for any more suitable hall space the same night at roughly the same times.

Thank you all for your help.

Kind Regards,
Gordon Slater